

Pick n Pay HIV Management Programme

A confidential programme to support members affected by HIV and make benefits available for medicines, blood tests and visits through registration


How do I Register?




Call:
0860 767 633




Press Option
5



Speak to one of the PHA Nurses who will ask you to complete a form



Ask your doctor to send us your latest Blood results or give us permission to contact your doctor




Ask your doctor to send us your script if you are on ARV's or give us permission to contact your doctor

All information is kept strictly confidential at all times

OR



Go to the Pick n Pay Medical Scheme web-site
www.pnpms.co.za



Click on Managed Care
Click at the "Click Here" link next to For the health, maternity or HIV management programmes *click here*

Download the HIV Programme Application form, complete and e-mail to pnpicare@pha.co.za or fax to 0866 620 282



All information is kept strictly confidential at all times

One of the PHA Nurses may also contact you if you have not been for your blood tests at least every 6 months or you miss taking medication

Once you have registered on the programme, one of our Nurses will run through some questions about your general health, your current condition and medical history so that we can assess your needs and give you information that you need to know about your condition and keeping healthy. The PHA Nurse will keep in regular contact with you to ensure that you are managing your condition and remembering to take your medicines and having your blood checked regularly to make sure that your medicine is working properly or to decide when to start medicines.